

**Colonoscopy Reminder: Date of Procedure**

FORT BEND SURGICAL CENTER 14851 SOUTHWEST FWY SUGAR LAND, TX 77478 (281) 313-7300	MEMORIAL HERMANN FC 16906 SOUTHWEST FWY SUGAR LAND, TX 77479 (281) 243-1000	SUGAR LAND SURGERY CENTER 15300 SOUTHWEST FWY #100 SUGAR LAND, TX 77478 (281) 274-6670	METHODIST HOSPITAL SL 16655 SOUTHWEST FWY SUGAR LAND, TX 77479 (281) 274-7000
METHODIST HOSPITAL KATY 18500 KATY FWY HOUSTON TX, 77094 (832) 522-1000	MEMORIAL HERMANN KW 300 KINGWOOD MEDICAL DR KINGWOOD, TX 77339 (281) 312-4000	HUMBLE KINGWOOD ENDO 19502 MCKAY BLVD #101 HUMBLE, TX 77338 (281) 312-6900	MEMORIAL HERMANN KATY 21720 KINGSLAND BLVD KATY, TX 77450 (281) 492-1234
MEMORIAL ENDO CENTER 1233 CAMPBELL RD HOUSTON, TX 77055 (713) 468-9200	N. CYPRESS SURGERY CTR. 10425 HUFFMEISTER RD #100 HOUSTON, TX 77065 (281) 640-7373	HCA N. CYPRESS HOSPITAL 21214 NW FWY CYPRESS, TX 77426 (832) 912-3500	HCA WEST HOSPITAL 12141 RICHMOND AVE HOUSTON, TX 77082 (281) 558-3444

**\*\* THE FACILITY WILL CONTACT YOU 1 BUSINESS DAY PRIOR TO YOUR PROCEDURE WITH YOUR ARRIVAL TIME \*\***

DAY BEFORE PROCEDURE: Start CLEAR LIQUID DIET: Ex: Tea, Broth, Coffee/ NO CREAMERS, Juice/ NO PULP, Jell-O, etc. NO RED OR PURPLE LIQUIDS SHOULD BE CONSUMED!

*DO NOT EAT OR DRINK ANYTHING THE MORNING OF YOUR PROCEDURE!* No chewing gum or mints. You may take your regular medications, with a small amount of water (NO BLOOD THINNERS, NSAIDs, E.D. MEDICATIONS, DIET MEDICATIONS OR INJECTABLES) You will be sedated so YOU MUST HAVE A RESPONSIBLE ADULT TO DRIVE YOU HOME.

**Gallon Instructions (GaviLyte, Golytely, or PEG 3350)**

A clean colon is critical for colon cancer detection. Colon cancer screening involves two steps. The first step is a colon cleansing, which is critical for the second step, complete examination of the entire colon.

You MUST buy Dulcolax (10) & Gas-X (4) tablets over the counter **THREE DAYS BEFORE: Jardiance FIVE DAYS BEFORE: Stop taking iron tablets/No Aspirin, NSAIDs (Ibuprofen, Advil, Aleve, etc.), blood thinners (Lovenox, Heparin, Coumadin, Plavix, etc.) 7 DAYS BEFORE: Trulicity (Dulaglutide), Victoza/Saxenda (Liraglutide), Adlyxin (Lixisenatide), Ozempic/Wegovy/Rybelsus (Semaglutide), Byetta (Exenatide), Eperzan/Tanzeum (Albiglutide) 14 DAYS BEFORE: E.D. Medications.**

**DAY BEFORE:**

**Early Morning:** Begin clear liquid diet.

**12pm:** Drink two large glasses of clear liquids and take two tablets of Dulcolax.

**3pm:** Take two tablets of Dulcolax.

**5pm:** Drink ½ of the gallon jug. You must continue to drink clear liquids ((over the next five hours/NO RED OR PURPLE.))

This step is necessary to ensure you are well hydrated, in addition to aiding in colonoscopy preparation.

**6pm:** Take two tablets of Dulcolax and chew 2 Gas-X tablets.

**9pm:** Take two tablets of Dulcolax.

**10 pm:** Drink the remainder of the gallon jug (the second half of the jug.) You must continue to drink clear liquids ((NO RED OR PURPLE))

**11:30pm:** Take two tablets of Dulcolax and chew 2 Gas-X tablets. **DO NOT DRINK ANY LIQUIDS AFTER MIDNIGHT.**

**There is a possibility you will be charged a cancellation fee from the facility and/or office if you cancel less than 7 days before your procedure.** Pathology can take up to 10 business days. Which will then be discussed on your follow up visit two weeks after your procedure day. Please remember to call **832-707-5011** to make your appointment if you have not already done so.